

# Easy Step

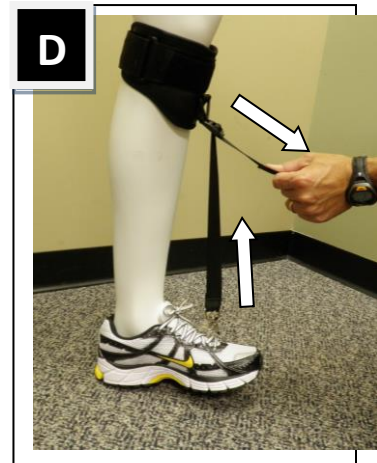
## Instructions

**CAUTION!** Use only under the specific direction and recommendation of a qualified healthcare professional. Use only for short periods of time (15-30 min) before removing and assessing skin and circulation.

1. Place **Easy Step** cuff just under the patella (A). Secure firmly with velcro strap taking care not to restrict circulation (B).



2. Secure foot loop around shoe at metatarsal heads. Attach the toe lifting strap using the silver snap hook to the plastic triangle on the foot loop (C) or directly to shoe laces (D). The foot loop can be positioned more medial or lateral to help control excessive inversion or eversion of the foot if desired.



3. Adjust tension on foot lift strap to desired level of support by pulling down on free end of strap (D).

4. If desired, the leg lifter with handle can be attached to the plastic triangle ring on the top of the **Easy Step** cuff (E). Adjust length of handle strap for proper therapist ergonomics.

