# **Balance Harness Instructions**

### IMPORTANT SAFETY INFORMATION Read before using harness

- Always read the manual before using the harness.
- The harness should only be used under the direct supervision and assistance of a qualified healthcare provider.
- The harness is not designed to be a fall arrest device but rather a fall prevention device. Never allow slack in the line supporting the patient.
- This device should not be used anytime pressure around the abdomen, thighs, groin or shoulders is contraindicated.
- Never use the harness without checking the comfort levels (both physical and psychological) of client frequently.
- The harness is not designed as passive lifting device. Use only with persons who can participate actively in the therapeutic process and can bear a majority of their own weight through their lower extremities once standing.
- The harness has a maximum load capacity of 400 lbs.
- Inspect all components of the harness on a regular basis to ensure safety. Replace harness at first sign of wear.
- · Hand wash all components of the harness in a mild sanitizing detergent and air dry

#### **HELPFUL HINTS AND TIPS**

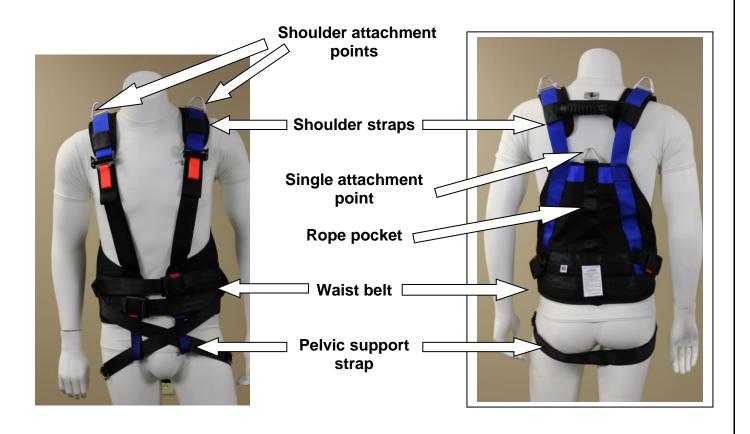
- Loosen all straps sufficiently prior to applying harness especially the back straps on the waist belt.
- Some readjustment and tightening of the harness may me needed as you work with the
  patient.
- Practice manipulating and adjusting the buckles and straps prior to using it on a patient.

#### LIIMITATION OF LIABILITY

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We have not made and do not make any representation or warranty of fitness for a particular use or purpose, and there is no implied condition of fitness for a particular use or purpose. We make no express warranties. No one is authorized to change the terms of this contract or to create for us any other obligation or liability in connection with this equipment. Some states and provinces do not allow the exclusion or limitation of incidental consequential damages or do not allow limitations on how long an implied warranty or condition lasts, so the above limitations or exclusions may not apply to you. The provisions of this contract are in addition to and not a modification of or subtraction from any statutory warranties and other rights and remedies provided by law.

# **Balance Harness Configuration and Components**



## **Balance Harness Application**

**1.** Place vest on patient and tighten waist belt buckles.



2. Adjust length of shoulder straps by lifting up on the orange webbing or pulling down on black webbing as needed to properly position waist belt around lower trunk and keep shoulder pad in place.





## **Use of Pelvic Support Strap (PSS)**

The optional pelvic support strap (PSS) can be used when there is a concern for the harness riding up on the patient's torso and when some body weight support is desired.

1. Place the PSS behind the patient centering the rubberized section of the strap under the patients gluteal fold. (



2. Thread the PSS buckles through the blue webbing loops on the front of the harness so they can hang in place without falling out.



3. Attach the buckles one at a time by crisscrossing them in front of the patient and attaching then to the angled side buckles.



4. Use your other hand to take up slack in the webbing as you tighten to obtain a snugger fit if needed

## **Attaching Vest to Overhead Support**

Depending on patient support needs and the type of overhead system, the Balance Vest can be attached to either a single point between the shoulders or to the two shoulder point attachments via a spreader bar. If using a rope based system, excess rope can be placed in the pocket in the back of the vest

Double shoulder point attachments for use with spreader bar

